



404 Euclid Avenue  
 San Diego, CA 92114  
 619-450-4040  
<http://kitchensforgood.org>  
[training@kitchensforgood.org](mailto:training@kitchensforgood.org)

Applicant Name: \_\_\_\_\_

**PROJECT LAUNCH CULINARY APPRENTICESHIP PROGRAM APPLICATION**

**Thank you for your interest in Kitchens for Good's Project Launch Culinary Apprenticeship Program**

The Apprenticeship Program last for 12 weeks and aims to prepare previously incarcerated persons, youth aging out of foster care, victims of domestic violence, individuals with mental health/physical disorders, and individuals with histories of substance of abuse for careers in the food-service industry. Below is a list of upcoming courses and application due dates. Please note that classes are Monday through Friday 8:30am- 4:30pm - **attendance is mandatory**.

Class Number	Application Due Date	Class Start Date
16	February 11, 2019	March 13, 2019
17	April 22, 2019	May 22, 2019
18	July 1, 2019	July 31, 2019
19	September 9, 2019	October 9, 2019

Applications must be completely filled out to be considered. Kitchens for Good staff will review applications and invite selected candidates for interviews within 1 month of the class start date. Please note that submitting an application does not guarantee an interview or a spot in the apprenticeship program. If the candidate successfully completes the interview, he/she will be scheduled to do a 4 hour trial shift in our kitchen. During the trial kitchen shift, candidates will be evaluated on punctuality, ability to follow instructions, ability to focus, team-work, and attitude.

All information in this application will be used by Kitchens for Good staff to better understand each potential trainee's abilities, situation, and needs. Information will be kept confidential.

**INSTRUCTIONS**

Please fill out the all sections of the application and submit it to [training@kitchensforgood.org](mailto:training@kitchensforgood.org) or drop it off at 404 Euclid Avenue, San Diego CA 92114. Required fields are indicated with an asterisk (\*). You can also complete the form online at <http://kitchensforgood.org/application/>.

If you have not done so already, please have your case manager or social services provider complete the Project Launch Culinary Apprenticeship Program Agency Referral Form. Case managers or social services providers can view program requirements and access the PDF or online referral form at <http://kitchensforgood.org/culinary-job-training/>. Hard copy referrals can be submitted to [training@kitchensforgood.org](mailto:training@kitchensforgood.org) or at the address provided above. If you do not have a case manager or social services provider please indicate that in the appropriate section of this application.

**ELIGIBILITY REQUIREMENTS**

\*Please Initial Each Line to Indicate That You Meet Each Eligibility Requirement

- \_\_\_ I Am 18 Years or Older
- \_\_\_ I Am Eligible for Work in the United States
- \_\_\_ I Am Currently Either Unemployed or Underemployed
- \_\_\_ I Am Available to Be In Class From 8:30am to 4:30pm; Monday Thru Friday; No Exceptions
- \_\_\_ I Am Curious, Ready to Learn, and Able to Complete All Homework Assignments
- \_\_\_ I Am Interested and Eligible to Work Full Time in a Food Service Career
- \_\_\_ I Have No Outstanding Arrest Warrants
- \_\_\_ I Have a Stable Housing Environment For the Next 6 Months
- \_\_\_ I Am Drug Free and Sober For 120 Days Prior to the First Day of Class, and Willing to Undergo Random Drug Screening Before or During the Training
- \_\_\_ I Am Able to Stand For a Minimum of 8 Hours With Two 15 Minute Breaks and I Am Able to Lift 50 Pounds With Reasonable Accommodations

- \_\_\_ \*I Meet One of the Below Criteria (Initial All That Apply)
- \_\_\_ Legal Issues (Misdemeanors, Felonies, Probation, Parole, Incarceration, Work Release)
  - \_\_\_ Former or Current Foster Youth
  - \_\_\_ Victim of Domestic Violence
  - \_\_\_ Mental Health Diagnosis
  - \_\_\_ Substance Abuse Issues

Signature \_\_\_\_\_ Date \_\_\_\_\_

**GENERAL INFORMATION**

\*Class Number Applying For \_\_\_\_\_

\*First Name \_\_\_\_\_ \*Last Name \_\_\_\_\_

\*Email \_\_\_\_\_

\*Home Phone \_\_\_\_\_ \*Mobile Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

\*Street Address \_\_\_\_\_ \*City \_\_\_\_\_

\*State \_\_\_\_\_ \*Zip Code \_\_\_\_\_

\*Age \_\_\_\_\_

\*Do You Have I-9 Employment Documentation (Birth Certificate, Social Security Card, Driver's License or DMV Identification Card, etc.)? Yes    No  
 For Additional Information View the US Citizen and Immigration Services Web Page <https://www.uscis.gov/i-9?>

\*Gender    Female    Male    Other

\*Ethnic Background    Hispanic/Latino    Not Hispanic/Latino

\*Race  
 Select Other Multi-Racial if Your Race is Not Listed

White	Black/African American	Asian	American Indian/Alaskan Native
Native Hawaiian/Other Pacific Islander	American Indian/Alaskan Native and White		
American Indian/Alaskan Native and Black/African American			
Black/African American and White	Asian and White	Other Multi-Racial	

\*Have You Ever Served in the Armed Forces    Yes    No

\*How Did You Hear About Our Program

Agency Material (Flyer, Email, Etc.)	Agency Referral	Attended KFG Event	Internet
Job/Resource Fair	KFG Marketing Material	KFG Staff	KFG Student
KFG Volunteer	Newspaper	Office Walk In	Other
Word of Mouth (Family, Friends, Etc.)	Radio	Television	

\*If Other, Specify How You  
Heard About Our Program \_\_\_\_\_

### EDUCATION HISTORY

*Did You Attend High School	Yes	No	*If Yes, What High School	_____
*Did You Receive a Diploma or GED	Diploma	GED	None	*Year Graduated/GED _____
*Have You Had Any Vocational Training	Yes	No		
*Did You Receive a Certificate	Yes	No	*If Yes, What Type of Certificate	_____
*Did You Attend College	Yes	No	*If Yes, What College	_____
*Did You Receive a Degree	Yes	No	*If Yes, Year of Degree	_____

### WORK HISTORY

\*Are You Currently Employed    Yes    No    \*If Yes, Who is Your Employer \_\_\_\_\_

**Please list all your work experience in the following space. Start with the last job you held. Include self-employment and any experience while incarcerated.**

#### WORK EXPERIENCE #1

*Employer	_____	*Position Held	_____
*Supervisor	_____	*Employment Dates	From   /   /   To   /   /
*Work Location	_____	*Hourly Rate	_____
*Reason for Leaving (Be Specific)	_____ _____		
*Duties Performed and Skills Used	_____ _____		

#### WORK EXPERIENCE #2

Employer	_____	Position Held	_____
Supervisor	_____	Employment Dates	From   /   /   To   /   /
Work Location	_____	Hourly Rate	_____
Reason for Leaving (Be Specific)	_____ _____		
Duties Performed and Skills Used	_____ _____		

**WORK EXPERIENCE #3**

Employer \_\_\_\_\_

Position Held \_\_\_\_\_

Supervisor \_\_\_\_\_

Employment Dates From / / To / /

Work Location \_\_\_\_\_

Hourly Rate \_\_\_\_\_

Reason for Leaving (Be Specific) \_\_\_\_\_

Duties Performed and Skills Used \_\_\_\_\_

**LEGAL HISTORY**

Kitchens for Good will accept individuals with criminal records. Legal History will be used for record purposes only.

\*What is Your Legal History    Felony    Incarceration    Misdemeanor    None

\*Are You Currently On:    Parole    Probation    Work Release    None

\*If Currently on Parole, Probation, or Work Release, How Long, How Often, and What Time \_\_\_\_\_

\*Probation/Parole Officer Name \_\_\_\_\_ \*Probation/Parole Officer Phone \_\_\_\_\_

\*Do You Have Any:    Warrants    Upcoming Court Dates    Legal Problems

\*If You Have Warrants, Court Dates, or Legal Problems Then Provide an Explanation \_\_\_\_\_

**\*If Legal History includes a Misdemeanor, provide information in the following space.**

*Misdemeanor Charge	*Explain What Happened/Why	*Were You Incarcerated/How Long

**\*If Legal History includes a Felony, provide information in the following space.**

*Felony Charge	*Explain What Happened/Why	*Were You Incarcerated/How Long

**CASE MANAGEMENT INFORMATION**

\*Do You Have a Case Manager or Work with a Program      Yes      No

\*Program/Agency Name \_\_\_\_\_ Case Manager Name \_\_\_\_\_

Case Manager Phone \_\_\_\_\_ Case Manager Email \_\_\_\_\_

List Any Other Organizations You Work With (Career Center, TAENF, Etc.) \_\_\_\_\_

**SUBSTANCE ABUSE HISTORY**

\*Do You Have a History of Substance Abuse      Alcohol      Drugs      Both      None

When Was the Last Time You Have Used Alcohol      Within the Week      Within the Month      Within the Last 6 Months  
    Within the Past Year      Over a Year Ago      Never

When Was the Last Time You Have Used Illicit Drugs      Within the Week      Within the Month      Within the Last 6 Months  
    Within the Past Year      Over a Year Ago      Never

Have You Ever Been in a Drug or Alcohol Treatment Program      Yes      No

What Treatment Facility and When \_\_\_\_\_

How Long Have You Been Clean or Sober and What is Your Clean Date \_\_\_\_\_

**\*Kitchens for Good Has a Strict No Drug or Alcohol Use Policy During the Culinary Apprenticeship Program. Applicants Understand That:**

- (1) Kitchens for Good has a drug and alcohol policy that provides for random and causal testing before and/or during the program;
  - (2) Applicant consents to and is in compliance with such policy at the time of enrollment; and
  - (3) Applicants continued enrollment is based on the successful passing of testing under such policy.
- If you agree with the above stated policy, sign below.

\*Applicant's Signature: \_\_\_\_\_ \*Date: \_\_\_\_\_

**HOUSING INFORMATION**

\*What is Your Housing Status      Friend      Halfway House      Homeless      Other      Own      Rent  
 Permanent Subsidized Housing      Relative      Transitional House      Shelter

\*If Other, Please Specify \_\_\_\_\_

\*Do You Have Secure Housing for the Next 6 Months      Yes      No

\*If No, Please How Long Will You Have Secure Housing and What is Your Plan for Finding Housing Afterwards \_\_\_\_\_

**FOSTER YOUTH INFORMATION**

\*Are You a Current or Former Foster Youth      Yes      No      If Yes, At What Age Did You Enter the Foster Care System \_\_\_\_\_

If Yes, Are You Still in Contact With Your Foster Family      Yes      No

**DOMESTIC VIOLENCE INFORMATION**

\*Are You a Domestic Violence Victim      Yes      No

**TRANSPORTATION INFORMATION**

\*Do You Have Transportation to Get to This Program on Time Each Day      Yes      No      \*If No, Indicate Your Intended Source of Transportation \_\_\_\_\_

**MENTAL/PHYSICAL INFORMATION**

\*Have You Ever Been Diagnosed With a Mental Health Disorder/Illness (Includes Developmental/Learning Disabilities)      Yes      No      \*If Yes, What is Your Diagnosis \_\_\_\_\_

\*Do You Have Any Physical Disorders (Includes Physical Disabilities)      Yes      No      \*If Yes, What is Your Disorder \_\_\_\_\_

\*Do You Take Any Medication That May Cause You to Experience Side Effects Such as Drowsiness, Impaired Motor Skills, or Impaired Judgment      Yes      No      \*If Yes, Please Explain Medication and Side Effect \_\_\_\_\_

\*Do You Have a Food Borne Illness or Allergy That Prevents You From Working With Food (For Example, Hepatitis C)      Yes      No      \*If Yes, Please Explain Illness or Allergy \_\_\_\_\_

Have You Ever Applied For      SSI      SDDI      IDA

**HEAD OF HOUSEHOLD/INCOME INFORMATION**

\*How Many People Are in Your Household \_\_\_\_\_

\*Are You the Head of Household      Yes      No

\*Does Your Household Have Income      Yes      No

\*What is Your Household's Income \_\_\_\_\_ Monthly \_\_\_\_\_ Annually

\*What Are Your Household's Sources of Income  
I'm Employment      Unemployment      Social Security  
Social Security Disability      Family Member Employed  
Cash Assistance      Other      None

\*Do You Have Dependents (Children in Your Custody)      Yes      No

\*If Yes, How Many Dependents \_\_\_\_\_

\*If Yes, How Do You Plan to Maintain Stable Childcare During the Program and While in Full Time Employment \_\_\_\_\_

\*Do You Have Responsibility for Other Family Members, for Example, an Aging Parent or Disabled Relative      Yes      No

\*If Yes, Please Explain Responsibility \_\_\_\_\_

\*Based on Your Household Income and Household Size, Check Which Category You Fall Into On the Chart Below)

HOUSEHOLD SIZE	EXTREMELY LOW-INCOME LIMITS (0-30% OF MEDIAN)	VERY LOW-INCOME LIMITS (31-50% OF MEDIAN)	LOW/MODERATE-INCOME LIMITS (51-80% OF MEDIAN)
1	\$0 - \$20,450 <input type="checkbox"/>	\$20,451 - \$34,100 <input type="checkbox"/>	\$34,101 - \$54,500 <input type="checkbox"/>
2	\$0 - \$23,400 <input type="checkbox"/>	\$23,401 - \$38,950 <input type="checkbox"/>	\$38,951 - \$62,300 <input type="checkbox"/>
3	\$0 - \$26,300 <input type="checkbox"/>	\$26,301 - \$43,800 <input type="checkbox"/>	\$43,801 - \$70,100 <input type="checkbox"/>
4	\$0 - \$29,200 <input type="checkbox"/>	\$29,201 - \$48,650 <input type="checkbox"/>	\$48,651 - \$77,850 <input type="checkbox"/>
5	\$0 - \$31,550 <input type="checkbox"/>	\$31,551 - \$52,550 <input type="checkbox"/>	\$52,551 - \$84,100 <input type="checkbox"/>
6	\$0 - \$33,900 <input type="checkbox"/>	\$33,901 - \$56,450 <input type="checkbox"/>	\$56,451 - \$90,350 <input type="checkbox"/>
7	\$0 - \$38,060 <input type="checkbox"/>	\$38,061 - \$60,350 <input type="checkbox"/>	\$60,350 - \$96,550 <input type="checkbox"/>
8	\$0 - \$42,380 <input type="checkbox"/>	\$42,381 - \$64,250 <input type="checkbox"/>	\$64,251 - \$102,800 <input type="checkbox"/>

Source: U.S. Department of Housing and Urban Development, April 2018.

\*I hereby certify that the above information is complete and accurate to the best of my knowledge. The income estimate includes income for all household members. I agree to submit additional support documentation if requested by Kitchens for Good. Falsification of information may result in adverse actions against me including recapture of any benefits resulting from the false information submitted.

\_\_\_\_ By checking here, I hereby declare that I am homeless residing predominately within the City of San Diego

\_\_\_\_ By checking here, I hereby certify that I do not have income to report.

\*Applicant's Signature: \_\_\_\_\_ \*Date: \_\_\_\_\_

### GOALS QUESTIONNAIRE

Please answer the following questions, responses should be 2-4 sentences each.

\*Why Are You Applying to This Program

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\*What Are Your Career Goals

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\*What Do You Hope to Get Out of This Program

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\*Why Is It Important For You to Get Selected for This Program

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\*What Are Your 2 Best Personal Strengths

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\*What Skills Do You Bring to the Program

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\*What Have Been the Main Life Challenges in Your Life Recently

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\*How Have You Dealt With Your Main Life Challenges



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\*Do You Have Any Prior Food or Kitchen Experience (Employment, Volunteer, Education)

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\*What Interests You About Working in the Culinary Industry

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**AGREEMENT TO PROGRAM REQUIREMENT**

\*Listed below are some of the Apprenticeship Program requirements. Please initial after each one if you agree to them.

- I Understand That Daily Attendance is Required
- I Understand That I Am Required to Remain Drug and Alcohol Free
- I Understand That I Must Be on Time and Prepared to Stay the Entire Day (8:30am- 4:30pm)
- I Understand That I Must Be Willing to Accept Instruction and Criticism From My Instructors and Supervisors, and Complete the Work Assigned to Me With a Positive Attitude
- I Understand That I Must Have a Willingness to Confront My Personal Challenges and/or Barriers

\*Listed below are some of the Apprenticeship Program disclaimers. Please initial after each one if you agree to them.

- I Understand That if I Am Accepted Into the Program I Will Not Get Paid During Instructional Hours of the Program.
- I Hereby Grant Permission to Kitchens for Good to Contact the References, Caseworker, or Probation/Parole Officer Listed in This Application to Ask Questions Regarding My Character, Personality, Work Habits, and Abilities as They Relate to the Apprenticeship Program. I Release These References From All Liability and Responsibility That May Result From Providing Kitchens for Good With Such Information as Requested.
- I Hereby Grant Permission to Any of My References or Referral Agencies to Provide Confidential Information About Me to Kitchens for Good. All Information Received Will Be Used by Kitchens for Good Staff to Better Understand Each Potential apprentices Abilities, Situation, and Needs. Information Will Be Kept Confidential.
- I Authorize Investigation of All Statements Contained in This Application. I Understand That the Misrepresentation or Omission of Facts Called For is Cause For Dismissal at Any Time Without Any Previous Notice. I Hereby Give Kitchens for Good Permission to Contact Schools, Previous Employers (Unless Otherwise Indicated), References, and Others, and Hereby Release Kitchens for Good From Any Liability as a Result of Such Contact.
- I Certify That Everything Provided in This Application is True and Correct to the Best of My Knowledge.

\*Signature \_\_\_\_\_ \*Date \_\_\_\_\_