

## CORPORATE TEAM-BUILDING ACTIVITIES

Kitchens are full of inspiration. Need a boost to your creativity? Collaborate with your team members in the unique environment of a bustling industrial kitchen.

**STEP ONE:** Select your culinary activity (“Battle Against Hunger” or “Produce Processing Party”)

**STEP TWO:** Reserve session (4th Monday or Wednesday of the month)

**STEP THREE:** Submit waivers and suggested donation

## BATTLE AGAINST HUNGER - COOKING COMPETITION

### COMPETITION!

There’s nothing like competition to create cohesion on your team. Each group is given a bag of secret ingredients and will need to work together to decide the best recipes for their meal. Using our students’ help, each team will create 50 meals for local hunger relief nonprofits. The team who creates the best tasting meals wins!

**GROUP SIZE:** 10 - 25 people

**TIME:** 3 hours (6pm-9pm)

**RESERVE A SESSION:** 4th Monday or Wednesday of the month

**SCHEDULE:** 4th Monday or Wednesday of the month

- 5:45pm - 6:00pm: Arrival
- 6:00pm - 6:20pm: Orientation
- 6:20pm - 8:50pm: Produce Processing Party
- 8:50pm - 9:00pm: Closing Reflection

**ACTIVITIES:** cooking 100 meals for hunger relief

The group is split up into two teams. Each team is given a bag full of their secret ingredients and work with our culinary students to produce ~50 meals. Each team’s meals are judged by Volunteer Leads to decide which tastes the best and wins the “KFG Top Chef” title for the company.

**GIVE BACK:** Compete for the title and fight hunger! All meals produced during the cooking competition are donated to local hunger relief nonprofits

**SUGGESTED DONATION:** \$10 / participant\*



## PRODUCE PROCESSING PARTY (P<sup>3</sup>)

### CAMARADERIE!

What's better than getting to know your colleagues while methodically washing cucumbers? It's meditative *and* fun! In fact, it's the perfect environment to share life stories or start strategic planning. Come party with us and bolster your team's camaraderie while helping process hundreds of pounds of rescued produce.

**ACTIVITIES:** Glean, clean, and cut produce. Play team-building games intermittently throughout session (3 team-building games with food). Discuss intentional prompts with your group.

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**SCHEDULE:** 4th Monday or Wednesday of the month

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**GIVE BACK:** Clean and process ~250 lbs. of reclaimed produce for our Project Nourish healthy meal production program; help us create "snack packs" of dehydrated fruits & vegetables for food-insecure individuals

**SUGGESTED DONATION:** \$10 / participant\*



\*All donations support Kitchens for Good's programs and general operations